

# Introducing our Presenters



International Qigong Master Chunyi Lin is the creator and founder of Spring Forest Qigong. His life story, *Born a Healer*, has been a #1 Amazon.com bestseller, and he is the co-author, with Dr. Nisha Manek of the Mayo Clinic, of a chapter on qigong and healing in the *Textbook of Complementary and Alternative Medicine, 2nd Edition*. He teaches Spring Forest Qigong nationally, and he is a frequent keynote speaker at conferences on health and wellness. People from around the world come to the Spring Forest Center in Minnesota. Master Lin has dedicated his life to his vision of “a healer in every family and a world without pain.”



Qigong Grandmaster Effie Poy Yew Chow, (Ph.D., R.N., NCCAOM-certified Dipl.Ac.) founded the San Francisco, California-based international organization, East West Academy of Healing Arts (EWAHA) in 1973 and, more recently, the EWAHA Qigong Institute, the American Qigong Association, American Medical Qigong Association, and the World Qigong Federation. In July 2000 she was one of the original 15 appointees by President Bill Clinton for the White House Commission on Complementary and Alternative Medicine Policy. She is the recipient of more than twenty awards including the “Humanitarian of the Year 1999” and the “Visionary of the Decade 2000.”



Julie Delene is a professional ballroom dance teacher and strategic life and business developer. The founder of *Move As One, LLC*, and creator of the M-O-V-E method, Julie speaks to organizations on Embodied Leadership—lessons learned from ballroom dance, and works with groups putting special emphasis on using breath and dance to increase their personal fulfillment.



Patrick Dougherty, M.A., L.P., is a licensed psychologist with over 30 years of clinical experience. He has been a student of Master Lin since 1996. Patrick is also the author of two books, *Qigong in Psychotherapy: You Can Do So Much by Doing So Little*, and his newly released book, *A Whole-Hearted Embrace: Finding Love at the Center of It All*.



Julia Froemke is an SFQ Level One certified instructor, a Therapeutic Coach, a Law of Attraction Coach, and has received specialized training for healing work with babies and animals. She is developing *Happyality*, a business which will assist others in making their own happiness a reality. Julia is also an experienced Healing Touch practitioner.



Sheila Judd is an SFQ master healer, level two. She is the Director of Integrative Health & Healing programs, at Anoka-Ramsey Community College where she was instrumental in developing the credit programs in Integrative Health and Healing. She holds a B.A. in Business/Marketing and a M.A. in Human Resource Development/Organization Development.



Hon K. Lee is an NCCAOM nationally certified and Virginia Medical Board licensed acupuncturist. He graduated from the Maryland Institute of Traditional Chinese Medicine. He owns the Sports Edge Acupuncture Clinic and is director of the Jow Ga Shaolin Institute. Hon is an SFQ Levels One and Two certified instructor and SFQ master healer, level one.



Jim Nance is certified as a second degree Spring Forest Qigong master. Master Nance is the first of Master Lin's more than 120,000 students to have ascended to the high level of qigong master. Master Nance is certified to teach all four levels of SFQ and works with people in private healing assistance sessions at the Spring Forest Center.



Glenn Tobey, M. Div., M.A. in Management, is a licensed independent clinical social worker, currently working in private practice in Duluth, Minnesota. He has worked in the human services field for almost forty years. He has also taught at the college level and conducted numerous workshops and training sessions in various community settings.



Mary Zelmer began intensive study with Master Chunyi Lin in 2002. She is an SFQ master healer, level two and is certified to teach SFQ Levels One and Two and SFQ Qi-ssage. In 2007-09, Mary served as the SFQ Guild Program Director, and was instrumental in creating the Guild *ReachOut* Program. She has a B.S. in Community Education and Therapeutic Studies.



Kris Zimmermann lives in Montana and offers consulting in various types of energetic healing work, including personal healing, energetic space clearing, relationship enhancement, feng shui, and energy dowsing. Kris has been practicing Spring Forest Qigong since 2003 and is an SFQ Levels One and Two certified instructor and SFQ master healer, level one.



David Johnson is the President and CEO of Spring Forest Qigong. He has over 30 years experience in executive and operations positions in rapid growth medical device organizations, directing growth both domestically and internationally. David's experience includes executive management, product development, and business development at all levels.



Rhonda Battisto is the associate director of internal operations for the SFQ International Guild. She is also an SFQ Levels One and Two certified instructor and SFQ master healer, level one. With a strong interest in natural holistic wellness, Rhonda has studied homeopathy extensively and continues to develop her knowledge base on a variety of healing modalities.



Robert Qualls, Ph.D., became the founding director of the SFQ International Guild in 2005. He is an educator with a diverse background in curriculum, teaching/learning, research, and administration. He has a deep connection to the Lakota tradition and nature, which is evidenced in his art work. His philosophy can be summed up simply as Reverence for Life.